

## Travel Lifestyle Teleseminar Worksheet

Please use the lines after each section to jot down any questions you have. There will be a Q&A session at the end of the call, so feel free to ask me your questions then! (during the main portion of the call, all phones will be muted except for the presenter).

**Lesson 1: Some \_\_\_\_\_ are much \_\_\_\_\_ than others.**

Think about the place you want to travel to. What experience are you seeking there? (e.g., relaxing beach, architecture, mountains, art?) \_\_\_\_\_  
\_\_\_\_\_

Is there a cheaper destination where you can have that experience? (e.g., Great Barrier Reef vs. Honduras? Central America vs. Hawaii?) \_\_\_\_\_

*Think: Where can you get the best deal for your dollar?*

Book recommendation: Read "[World's Cheapest Destinations](#)" for inspiration!

**Questions:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Lesson 2: \_\_\_\_\_ are easy to get.**

Which airlines fly to where you want to go? \_\_\_\_\_

Sign up for a frequent flyer account with your preferred airline and visit the "Ways to earn miles" section of their website.

What are some ways you could earn miles on your airline? \_\_\_\_\_  
\_\_\_\_\_

**Questions:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Lesson 3: You don't have to pay for \_\_\_\_\_.**

Action steps:

*Go to Couchsurfing.org and create a detailed profile. Even if you can't host or don't feel comfortable staying in someone else's house, reach out and get to know other travelers and make some friends! Be sure to read their resource section for some great tips:*

<https://www.couchsurfing.org/n/resources/rules>

**Questions:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If you haven't already, be sure to also check out the resources I gave you in the free gift e-book, "Top 5 Resources for Free Teacher Travel."

Happy Travels!

Lily Ann Fouts

<http://www.TravelBeyondExcuse.com>